

Nicole Turner, LMFT, PLLC Standard Psychotherapy Fees 2024

Below you will find most common services provided and the associated fees.

Most Common Service (CPT) Code(s)	Session Length	Fee
Intake Session(s) (90791)	50-60 minutes	\$225
Individual therapy (90834) Couples therapy (90847) Family therapy (90846 or 90847)	45-50 minutes	\$170
Individual therapy (90832)	20-30 minutes	\$110
Individual therapy (90837)	53-60 minutes	\$190
Individual therapy (90837) Couples therapy (90847) Family therapy (90846 or 90847)	90 minutes	\$280

Most common session lengths for standard psychotherapy are 45-50 minutes. Telehealth add ons would be used to designate a virtual service (e.g., 90834-95). The codes listed above are the most commonly billed. If your care requires a different code, please discuss with your provider the fees associated.

Ancillary Service Fees

Service	Fee
Phone consultation*	\$50 per 15 minute increment
Document or email review*	\$50 per 15 minute increment
Official letter writing or form completion	\$50 per 15 minute increment
Training Service or Consultation Service	\$170 per hour
Any legal or court related services <i>This includes court testimony, preparation of documents, legal consultation, and travel or related expenses</i>	\$650 per hour

*Standard coordination of care between providers, or brief, clinically appropriate phone or email communication with a client or caregiver are not standardly billed. Fees are assessed if/when it is determined that the amount of outside of session contact required to ethically and professionally provide care is substantially above standard care due either to the complexity of the clinical concern or the level of communication requested by the client(s).

ESTIMATING THE COST OF YOUR SERVICES

Notice to clients and prospective clients:

Under the law, health care providers need to give clients who don't have insurance or who are not using insurance an estimate of the expected charges for medical services, including psychotherapy services.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency healthcare services, including psychotherapy services. You can ask your healthcare provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service, or at any time during treatment.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises.

I strive to provide you with the most accurate estimate of services that I can. Costs for therapy can range based on a number of different factors including presenting problems, therapeutic modality, and goals of treatment. As such, I cannot provide you with the exact cost of services up front and have instead provided cost estimates (listed below). If you have questions about costs, please feel free to discuss with me.

Estimated Costs – Therapy (INDIVIDUAL, COUPLES, OR FAMILY THERAPY)

Cost per Service
<i>Intake Sessions (2x) \$450</i>
<i>Therapy Session Cost \$170</i>
Estimated Cost
<i>3 months of weekly therapy \$2,490</i>
<i>6 months of weekly therapy \$4,530</i>
<i>12 months of weekly therapy \$8,950</i>